

**Modification history**

Release	Comments
Release 1	This version released with ACM Animal Care and Management Training Package Version 1.0.

ACMEQU209	Provide non-riding exercises to horse
<b>Application</b>	<p>This unit of competency describes the skills and knowledge that are required to prepare horses for exercise, use mechanical exercise equipment, swim horses and perform post-exercise procedures. It covers knowledge of potential safety risks when interacting with and exercising horses.</p> <p>This unit applies to workers in industries involving horses, who undertake routine non ridden horse exercise tasks under supervision. Work environments may include stables, paddocks, yards, tracks, exercise arenas and public areas.</p> <p>Commonwealth and state/territory health and safety, and animal welfare legislation, regulations and codes of practice relevant to interacting with horses apply to workers in this industry. Requirements vary between industry sectors and jurisdictions.</p> <p>No licensing, legislative or certification requirements apply to this unit at the time of publication, except for the racing industry, where requirements vary between states and territories. Users working in the racing industry are advised to contact the relevant Principal Racing Authority for advice on current requirements.</p>
<b>Prerequisite Unit</b>	Prerequisite units of competency for this unit are: <ul style="list-style-type: none"> <li>ACMEQU202 Handle horses safely</li> </ul>
<b>Unit Sector</b>	Equine (EQU)

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare horses for exercise	1.1 Confirm with supervisor which horses to exercise, types of exercise routines and timeframes 1.2 Confirm with supervisor work health and safety (WHS) requirements and safety risks and potential hazards related to the operation of exercise equipment 1.3 Select and correctly fit personal protective equipment (PPE) appropriate for task 1.4 Identify, select and check relevant working gear for horse 1.5 Handle horses safely according to specific activity and location 1.6 Fit horses with required gear and prepare for exercise 1.7 Identify and verbally report hazards in the work environment to supervisor

**Commented [TV1]:** • Revised and/or added new PCs showing in blue font for SMEs to check/comment.  
 • FS updated  
 • Changes and comments added to the PE, KE and AC for SMEs to check/comment

**Commented [TV2]:** Are all these work environments suitable for this unit?

**Commented [TV3]:** Should revised ACMEQU202 Handle horses safely still be a prerequisite for this unit?

**Commented [TV4]:** Change to - Identify hazards, assess risks and control and/or report risks prior to handling horses and starting exercise

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Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
2. <del>Load and unload experienced horses from mechanical exercise equipment</del> Exercise horse using exercise machine	2.1 Locate the start and stop switches and emergency stop buttons for exercise machine and practice emergency stop procedures 2.3 Operate machine without a horse to ensure equipment is working correctly 2.4 Adjust the speed of machine according to supervisor instructions 2.5 Identify emergency exit points for handler 2.6 Load horse on to machine using safe and low stress horse handling techniques 2.7 Operate machine and monitor and report horses displaying signs of distress or injury during exercise 2.8 Unload horse from machine using safe and low stress horse handling techniques 2.8 Complete daily cleaning and maintenance procedures for exercise machine
3. Swim suitably educated horses under supervision	3.1 Identify and discuss with supervisor potential safety risks and emergency procedures prior to preparing horse for swimming 3.2 Select and correctly fit personal protective equipment (PPE) appropriate for task 3.3 Operate emergency flotation devices and rescue equipment for handler and horse 3.4 Select and fit horse with required gear for swimming, and fit PPE 3.5 Lead horse into and out of water safely according to supervisor instructions and low stress horse handling techniques 3.6 Conduct swimming exercise according to instructions, and monitor and report horses displaying signs of distress or injury
4. Perform post-exercise procedures	4.1 Remove gear from horse and check horse for signs of injury 4.2 Follow stable procedures for post-work or exercise care of horses, including cooling down, hosing, ice application and grooming 4.3 Report irregularities with horses and gear during and after exercise to supervisor
5. Maintain working gear	5.1 Clean, check and maintain working gear according workplace requirements 5.2 Report signs of worn or damaged gear to supervisor

**Commented [TV6]:** Suggest changing this PC to - Identify hazards, assess risks and control and/or report risks prior to handling horses and swimming

**Commented [TV5]:** Is the horse under supervision or the worker?  
Can the words "under supervision" be removed?

**Commented [TV7]:** Is PPE for the horse?

**Commented [TV8]:** Should this be the last PC for this element? i.e. - Lead horse out of water

**Commented [TV9]:** What are stable procedures?  
Can this PC be changed to -

Cool down, hose, ice and groom horse required after exercise according to horse requirements and workplace procedures.

**Commented [TV10]:** Can be merged with Element 4?

Foundation Skills	
<i>This section describes those language, literacy, numeracy and employment skills that are essential for performance in this unit of competency but are not explicit in the performance criteria.</i>	
Skill	Description
Oral communication	<ul style="list-style-type: none"> <li>Use active listening and questioning to clarify and confirm supervisor instructions</li> <li>Use industry terminology to describe and report horse non-riding exercise activities</li> </ul>
Numeracy	<ul style="list-style-type: none"> <li>Measure and calculate weight, time, distance, speed, and gradient</li> </ul>

**Commented [TV11]:** Check if all these numeracy skills are relevant for horse exercise

Unit Mapping Information			
Code and title current version	Code and title previous version	Comments	Equivalence status
ACMEQU209 Provide non-riding exercises to horse			No equivalent unit

ACMEQU209 Provide non-riding exercises to horse

<b>Links</b>	Companion Volumes, including Implementation Guides, are available at VETNet: <a href="https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103">https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103</a>
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TITLE	Assessment requirements for ACMEQU209 Provide non-riding exercises to horse
<b>Performance Evidence</b>	
<p>An individual demonstrating competency in this unit must satisfy all of the elements and performance criteria of this unit.</p> <p>There must be evidence that the individual handled and provided non-riding exercise, under supervision, to two different well-educated, calm, consistent and obedient horses. Evidence must show that each horse has been exercised on at least two different occasions during which the individual has:</p> <ul style="list-style-type: none"> <li>• loaded and unloaded at least one horse safely onto mechanical exercise equipment at least twice</li> <li>• lead at least one horse into and out of water for swimming exercise at least twice.</li> </ul> <p>The individual must also have:</p> <ul style="list-style-type: none"> <li>• carried out basic risk assessments when working with horses in exercise working environments, involving identifying hazards and controlling risks within own role and control</li> <li>• monitored basic horse behaviour before, during and after exercise and reporting signs of illness or injury to supervisor</li> <li>• followed safe work practices for the operation of exercise equipment</li> <li>• communicated effectively with supervisor, including raising issues of concern related to operation of exercise equipment and conduct of exercise programs</li> <li>• selected, fitted and cared for tack and equipment for non-riding exercise tasks</li> <li>• selected and correctly fitted personal protective equipment (PPE)</li> <li>• performed pre-exercise routines according to workplace procedures</li> <li>• carried out post-exercise care of horses, including cooling down via hand walking, hosing, ice application and grooming techniques</li> <li>• cleaned exercise equipment according to workplace instructions and manufacturer instructions.</li> </ul> <p><del>The following points can be covered as part of, or in addition to, the above-mentioned occasions:</del></p> <ul style="list-style-type: none"> <li><del>• loading and unloading at least one horse safely onto mechanical exercise equipment at least twice</del></li> <li><del>• leading at least one horse into and out of water for swimming exercise at least twice.</del></li> </ul>	
<b>Knowledge Evidence</b>	
<p>An individual must be able to demonstrate the knowledge required to perform the tasks outlined in the elements and performance criteria of this unit. This includes knowledge of:</p> <ul style="list-style-type: none"> <li>• workplace procedures for non-riding exercise to horses, including pre-exercise, during exercise and post-exercise procedures</li> <li>• workplace communication procedures related to conducting non-riding horse exercise programs</li> <li>• common horse behaviour and management related to exercise routines and fitness</li> <li>• general signs of horse injury and fatigue related to exercise programs, and what needs to be reported to a supervisor</li> <li>• likely injuries that may be sustained by horses and handlers during exercise routines</li> <li>• signs of illness and injury related to exercise routines</li> <li>• safe horse handling techniques and zones in and around exercise equipment</li> <li>• low stress horse handling techniques</li> <li>• types and purpose of working gear required for mechanical exercise equipment and for swimming horses</li> <li>• requirements for checking and maintaining working gear and exercise equipment</li> <li>• types of exercise routines, and timeframes for horses at various stages of fitness, on mechanical exercise equipment and during swimming</li> <li>• common workplace health and safety requirements and practices relating non ridden horse exercise, including:             <ul style="list-style-type: none"> <li>• hazard identification, and risk assessment and risk control and reporting</li> <li>• key requirements of work health and safety legislation</li> <li>• types and purpose of personal protective equipment (PPE)</li> <li>• handling, restraining and working with horses in water and on exercise machines</li> <li>• safe storage handling and disposal of treatments, chemicals and cleaning agents</li> </ul> </li> </ul>	

**Commented [TV12]:** Should a minimum duration be added to the exercise?

**Commented [TV13]:** Does 'under supervision' need to stay here?

**Commented [TV14]:** They are referred to in the Performance Criteria, and therefore have to be assessed. I have moved from here added above. Is there any reason why these were optional?

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### Knowledge Evidence

- [animal welfare relating to the safe, humane and ethical care of horses](#)
- [workplace horse health reporting systems and practices.](#)

### Assessment Conditions

Assessment of skills must take place under the following conditions:

- physical conditions:
  - an equine workplace or an environment that accurately represents workplace conditions
- resources, equipment and materials:
  - [live, compliant and manageable horses for exercise and swimming tasks as specified in the performance evidence](#)
  - mechanical exercise equipment and swimming area for horses
  - [tack, materials, tools and equipment including PPE suitable for the tasks specified in the performance evidence](#)
- specifications:
  - [workplace procedures and instructions or program for exercising horses](#)
- relationships
  - supervisor.

Training and assessment strategies must show evidence of the use of guidance provided in the *Companion Volume: User Guide: Safety in Equine Training*.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

### Links

Companion Volumes, including Implementation Guides, are available at VETNet:  
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103>