## **Modification history**

Release	Comments
Release 1	This version released with ACM Animal Care and Management Training Package Version 5.0.

ACMEQU2X19	Develop riding skills for exercising horses		
Application	<ul> <li>This unit of competency describes the skills and knowledge required for riding educated horses on the flat and in negotiating set obstacles in controlled and open areas. It includes knowledge of assessing risks to protect the welfare of people and horses.</li> <li>This unit applies to riders who work under limited supervision that exercise calm, consistent and obedient horses that are ridden in areas that may include paddocks, stock or exercise yards, arenas, trails, and open areas at training and competition venues.</li> <li>Commonwealth and state/territory health and safety, and animal welfare legislation, regulations and codes of practice relevant to interacting with horses apply to workers in this industry. Requirements vary between industry sectors and jurisdictions.</li> <li>No licensing, legislative or certification requirements apply to this unit at the</li> </ul>		
	time of publication		
Prerequisite Unit	<ul> <li>Prerequisite unit of competency for this unit is:</li> <li>ACMEQU2X18 Perform horse riding skills at walk, trot and canter</li> <li>Note the following chain of prerequisites that also apply to this unit.</li> </ul>		
	Unit of competency	Prerequisite requirement	
	ACMEQU2X18 Perform horse riding skills at walk, trot and canter	ACMEQU2X12 Handle horses safely	
Unit Sector	Equine (EQU)		

Elements	Performance Criteria
Elements describe the essential outcomes.	Performance criteria describe the performance needed to demonstrate achievement of the element.
1. Prepare to ride	<ul> <li>1.1 Confirm horse identification, riding location, program and riding etiquette according to workplace requirements</li> <li>1.2 Follow safe horse handling practices, health and safety procedures, and riding etiquette associated with workplace, location and activity</li> <li>1.3 Identify hazards, assess risks and control and/or report risks prior to handling horses and starting exercise</li> <li>1.4 Select and correctly fit personal protective equipment (PPE) required for preparing and riding the horse</li> <li>1.5 Select and fit gear as directed according to purpose, features of fit and workplace requirements</li> </ul>
	1.6 Walk and stretch horse, and adjust gear and girth prior to mounting

Elements	Performance Criteria
Elements describe the essential outcomes.	Performance criteria describe the performance needed to demonstrate achievement of the element.
2. Ride and control horse safely while exercising	<ul> <li>2.1 Mount horse in a safe and balanced manner</li> <li>2.2 Warm up and ride horse in enclosed and/or open areas according to exercise program and supervisor instructions</li> <li>2.3 Identify footfalls, appropriate trot diagonal and canter leads both on the ground and whilst riding</li> <li>2.4 Demonstrate rising trot, sitting trot, three and two point canter seat in a balanced and controlled manner</li> <li>2.5 Establish and maintain suitable speed within each gait to ensure control at all times</li> <li>2.6 Complete exercise and warm down horse according to horse and</li> </ul>
3. Complete post-riding activities	program requirements3.1 Cool down, hose, and groom horse after riding according to horse requirements and workplace procedures3.2 Remove, clean and check gear before storage and report maintenance issues to supervisor3.3 Report horse performance and condition to supervisor

Foundation Skills		
This section describes those language, literacy, numeracy and employment skills that are essential for performance in this unit of competency but are not explicit in the performance criteria.		
Skill	Description	
Oral communication	<ul> <li>Use active listening and open and closed questions to clarify instructions</li> <li>Use industry terminology to describe horse riding related activities</li> </ul>	

Unit Mapping Information			
Code and title current version	Code and title previous version	Comments	Equivalence status
ACMEQU2X19 Develop riding skills for exercising horses	ACMEQU207 Develop riding skills for exercising horses	Redesigned unit that incudes content from ACMEQU207 Develop riding skills for exercising horses and ACMPHR201 Ride performance horses for exercise in an arena Performance Criteria revised, reordered, removed or added for clarity Element 3 removed Foundation Skills updated PE, KE and AC updated	Not equivalent
ACMEQU2X19 Develop riding skills for exercising horses	ACMPHR201 Ride performance horses for exercise in an arena	Redesigned unit that includes content from ACMEQU2X07 Develop riding skills for exercising horses and ACMPHR201 Ride performance horses for exercise in an arena	Not equivalent

Links	Companion Volumes, including Implementation Guides, are available at VETNet:
	https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9- a5db-d3502d154103

Skills Impact Unit of Competency Template modified on 15 May 2020

TITLE	Assessment requirements for ACMEOU2X10 Develop riding
	Assessment requirements for ACMEQU2X19 Develop riding skills for exercising horses
Performance Evidence	
-	mpetency in this unit must satisfy all of the elements and performance
criteria of this unit.	
educated, compliant and mana horse on at least three different vicinity, during which the individ • confirmed horse identificati	on, riding location, program and riding etiquette according to workplace or
<ul> <li>organisational requirement</li> <li>identified at least three differences and starting exercise</li> </ul>	erent hazards, assess risks and control and/or report risks prior to handling
• selected, correctly fitted an	d adjusted a range of gear for a specified purpose or activity, including:
<ul><li>saddles</li><li>stirrup irons and safety</li></ul>	devices
<ul> <li>bridle with bit</li> </ul>	
<ul> <li>accessory tack</li> </ul>	
<ul> <li>saddle cloth</li> </ul>	
<ul> <li>boots or bandages</li> </ul>	
	d personal protective equipment (PPE)
	saddle at all times while undertaking the following:
	sh and control gait, speed and direction of a horse at walk, trot and canter
<ul> <li>holding reins for two in</li> </ul>	dependent hands, one hand and bridging techniques
<ul> <li>increasing and decreasing</li> </ul>	sing speed at trot and canter over a minimum distance of 500 metres
	thers at walk, trot and canter whilst maintaining safe riding distance
<ul> <li>rising on the correct dia</li> </ul>	
	ad to canter on both legs
5	t open area terrains or trails
	company, maintaining safe riding distances
	djust horse speed and position to maintain horse balance, including:
<ul> <li>riding through narrow c</li> </ul>	
0 0	brogram requirements and reporting on horse response
	ch gait when on the ground and mounted
verbally reported on horse	
Knowledge Evidence	
_	emonstrate the knowledge required to perform the tasks outlined in the
	eria of this unit. This includes knowledge of:
· · · · ·	use of different items of gear relevant to the particular workplace, from at
least two different horse wo	
<ul> <li>types and styles of sad</li> </ul>	
<ul> <li>bits and bridles</li> </ul>	
<ul> <li>accessory tack for relevant</li> </ul>	vant sector or discipline
• purpose and correct fit of P	PE, including:
<ul> <li>safety vests</li> </ul>	
منامينا محموها مطامعا بمعناماته	a surrent Australian Standards and regulatory requirements

- riding helmets, including current Australian Standards and regulatory requirements
- types of horse gaits and variations within gaits for ridden horses
  - types of aids and rider position techniques to:
    - control gait, speed and direction of a horse
    - maintain rider position during rising and sitting trot
    - maintain rider position when riding on different surfaces, slopes and ground conditions
- hazard identification, risk assessment, risk control and reporting prior, during and after horse riding activities
- key health and safety procedures and practices for riding horses, including:

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## **Knowledge Evidence**

- safe horse handling techniques and zones relevant to preparing to ride, riding and returning horse to paddock or yard
- low stress horse riding techniques
- horse and rider fatigue and stress monitoring
- potential hazards in the horse riding environment and risks to horse or rider, including:
- riding surface and conditions, including slopes
- safe distances for riding in the vicinity of other horses
- right of way when riding in the vicinity of other horses
- key features of safe riding etiquette and protocols for horse riding environments in equine workplaces.

## **Assessment Conditions**

Assessment of the skills in this unit of competency must take place under the following conditions:

- physical conditions:
  - a safe horse riding environment resources, equipment and materials:
  - live well-educated, compliant and manageable horses, assessed as suitable to allow the ride to demonstrate the level and skills of riding specified in the performance evidence
  - appropriate gear for individual, horse and activity
  - correctly fitting PPE for the individual, including suitable riding footwear and a helmet that complies with Australian Standard or equivalent
- specifications:
  - horse exercise programs specified in the performance evidence
- relationships:
  - supervisor and other riders.

Horse matching prior to all assessments involving horse interaction is essential. Assessors must:

- complete, participate in or validate a risk assessment of both the individual being assessed and other participant riders' characteristics and level of horse handling and riding skills
- match, or validate the matching of, horses of suitable history, size and temperament to both the individual being assessed and other participants to ensure that rider and horse combination is safe.

Note - If an employee is being assessed in their workplace, the risk assessment above can be replaced with advice from a workplace supervisor that the employee has previously ridden the horse to be used for the assessment, and the horse and rider are suitably matched for the assessment tasks.

The Companion Volume: User Guide: Safety in Equine Training provides advice and sample templates to assist assessors with horse and rider matching, including the risk assessments that should be undertaken to help ensure the safety of all involved in the assessment.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

The following specific assessor requirements apply to this unit. The assessor must:

- hold a current first aid certificate
- hold a current, recognised qualification for instructing or coaching horse riding and handling skills (refer to User Guide for details)
- have a minimum of 3 years of experience providing instruction on riding techniques to other riders. This experience must have been undertaken within the past 4 years and include one on one coaching and coaching to a group of at least 2 riders.

Links Companion Volumes, including Implementation Guides, are available at VE https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5c d3502d154103	
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